

## Ayton and Snainton Medical Practice

IF ANYONE KNOWS OF ANY MORE SUPPORT GROUPS PLEASE GET INTOCH ON 01723 863100

### Village Support – Coronavirus

#### East and West Ayton

If you are self-isolating we are here to help!

We are the East and West Ayton COVID-19 volunteer group group.

We know this may be a scary time for you, but you are not alone! We are a coordinated group of local volunteers here to support and protect you in whatever way we can.

We are approved by and working with East and West Ayton parish councils.

We are the only approved Ayton based volunteer group, please be vigilant of potential scams.

We can help with picking up groceries, picking up prescriptions, walking your dog, or just offering a listening ear! Please call us on: 0113 360 2747 or 07451275795

The call will take you through to an automated system and we will then put you in touch with a volunteer. Please be patient as the lines can only handle one call at a time. Standard network rates apply or please email us at:

[AYTONCOVID19RESPONSE@GMAIL.COM](mailto:AYTONCOVID19RESPONSE@GMAIL.COM). Please only accept help from this group, government or charity approved agencies, or people that you know and can trust.

#### Crossgates/Seamer/Irton

Susan Petyt from our Patient Participation Group has kindly volunteered to help support residents in Crossgates, Seamer and Irton. Sue can be contacted on 01723 864111

#### Hutton Buscel

**“In it together – looking after each other”**

Hello! If you are self-isolating or social distancing due to COVID-19, a group of volunteers in Hutton Buscel are happy to help.

**Help Available:** Picking up shopping, Receiving friendly support phone calls, Collecting urgent goods, Dog Walking

<b>Alison Ames</b>	Holly Tree House	07508030170	alisona034@gmail.com
<b>Geoff Gibson</b>	The Cottage	07572188118	ggibson44@btinternet.com
<b>David Pendlebury</b>	Anvil House	07968186121	david.pendlebury3@btinternet.com
<b>Karen Price</b>	Simonside	07802672211	karen@kmptraining.co.uk
<b>Louise Thompson</b>	The Kennels	01723 863594	louisejthompson@gmail.com
<b>Stasia Valentine</b>	The Low Barn	01723 865420	stasia@gotadsl.co.uk

Coronavirus is very contagious. Please take every precaution to make sure you do not become infected or infect others. Avoid physical contact keeping two metres apart. Wash your hands. If you wish to be a volunteer please get in contact.

#### Ruston

Hello! If you are self-isolating, we can help: Picking up shopping, posting mail, a friendly phone call and urgent supply's.

Di Ruston	137 Ruston	07739423275 or 01723864356
Jo Purdy	20 Wykeham	07773693460
Katrina Shamel	44 Wykeham	07821299233
Neil Sands	47 Ruston	07957214261
Desmond O'Brian	132 Ruston	07552764176
Carrie Gledhill	Wykeham	07974675900
Rosemary Sword	North House Wykeham	01723 862434
Lesley Shepherdson	136 Ruston	Happy to help if she can
Katy Long	Help with Dog Walking	07943408763

#### Hackness and Langdale End

A Parish Councillor, Magnus Johnson and his wife have kindly offered their support. He has primarily committed to prescriptions but could develop wider depending on capacity. His number is 07966 363559

#### Snainton

Can you volunteer to help those who are in self isolation or likely to be over the coming months?

Are you thinking self-isolation might be an option for you and you might need some assistance? Shopping, a phone chat, dog walking, getting a paper, getting a meal delivered?

Ring Terry Abbey on 01723 850032. Terry is the chair of the Parish Council and is coordinating the response for the village for those who can offer assistance or need it. He can send a volunteer to you safely and securely.

#### Thornton Dale

Thornton Dale has a help group who can be contacted on 07826595048.