



Spring 2017

PRACTICE NEWSLETTER
Now available online at www.ayton-snainton.co.uk



Latest News

DR BARTLETT & PARTNERS

Dr Bartlett's Retirement

I'm sure you will all join us in wishing Dr Bartlett a long and happy retirement from the Practice. Dr Bartlett will be hanging up her stethoscope at the end of May this year after over 25 years with the practice.

Dr Bartlett sends this message:

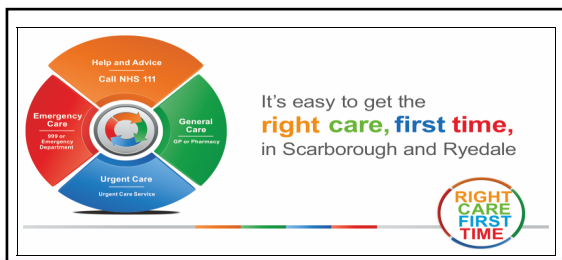


I first worked in the practice as a trainee under Dr John Spence in 1982 and then returned in 1985 and became a partner in 1988. I have loved my time working at West Ayton. I have appreciated all the support from the local community and working with such a great group of patients. I have been lucky to work with excellent partners and staff who have worked together to make a friendly and efficient team. I am looking forward to spending more time on my hobbies and interests.

And joining us...

We are pleased to let you know that Dr Steven Handley will be joining the practice on Dr Bartlett's retirement. Dr Handley has worked in the Scarborough area for some years and some of you may remember him from when he was a Registrar with the practice.

Our current GP Registrar is Dr Sophie Kennett. Some of you may remember Dr Vicki Barrett who will return to us from maternity leave in March.



*** If you would like to receive text message reminders about your appointments or other reminders please leave your mobile number at reception ***



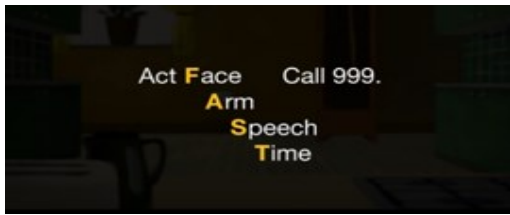
DID YOU KNOW...

that both medical and pre-payment exemption (from payment for your prescription) certificates expire and that you must renew them before collecting your medicines. We now need you or your representative to present your pre-payment certificate each time you collect your medicines.

Patient Participation Group

We are happy to accept new members to our Patient Participation Group, particularly those who represent the younger age group and people with young families. The Group meets approximately every 8 weeks to discuss issues relating to healthcare and to ensure that our patients get an opportunity to air their views. Over the last two years the group have helped to put on three very successful Health Information Days at a local village hall and have plans for a fourth during the next few months. If you think you are able to contribute please contact Adele Robinson who is the administrator for the group on 01723 863100.

**DR BARTLETT &
PARTNERS**



Know the signs of stroke

Do you know the signs of a stroke? Knowing what to look out for could save someone's life, or even your own. [Learn to Act F.A.S.T.](#)
Log onto: www.nhs.uk/actfast/pages

We welcome feedback about the service that we provide. You can do this on the NHS Choices Website <http://www.nhs.uk/pages>



TELEPHONE NUMBERS

West Ayton Surgery Appointments:

01723 863100
Lines open
8am-6.30pm

Dispensary/Repeat Prescriptions:

01723 864553
Lines open
8.30am-6pm

Please note: We do not have dispensers on the premises on Saturdays so please collect your medication Monday to Friday

Snainton

Appointments & Dispensary:

01723 859302

Saturday Morning Surgeries

We offer a limited number of appointments on Saturday mornings for those people who are unable to attend the surgery on weekdays

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A stroke is a serious, life-threatening medical condition that occurs when the blood supply to part of the brain is cut off.

Strokes are a medical emergency and urgent treatment is essential.

The sooner a person receives treatment for a stroke, the less damage is likely to happen.

If you suspect that you or someone else is having a stroke, phone 999 immediately and ask for an ambulance.

CQC

We have recently had our CQC inspection and the report is available to view on our website:
www.ayton-snainton.co.uk



**when it's less
urgent than 999**

Did you know you can request online access through Patient Online? Call us today to register

Patient Online is designed to support GP practices to offer and promote online services to patients: appointment booking, ordering of repeat prescriptions and access to coded information in records.

Stay Safe in the Sun

Sun safety tips



Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October. Make sure you:

- spend time in the shade between 11am and 3pm
- make sure you never burn
- cover up with suitable clothing and sunglasses
- take extra care with children use at least factor 15 sunscreen