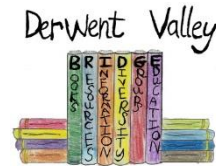




Ayton & Snainton Medical Practice
Patient Participation Group

AND



Derwent Valley
Community Library
and Resource Centre

"Healthy Futures"

A community information event held in conjunction with Snainton School.

Snainton Village Hall
Wednesday 24th October

3.30pm – 6.30 pm

Get a simple health check and chat with organisations that can help all the family have a **Healthier Future.**

Uniformed
Organisations

Yoga &
Meditation

Family
Support

After School
Activities

Healthy
Relationships

Fitness for
all ages

Read and
Relax

Plan your visit to take in some Demonstrations from 4pm:

- Preparing Healthy Snacks
- Jumping Jacks Exercise
- The Mountain Rescue Team
- Children's cycling trial course 5-6pm (bring your own bike)

Tea, Coffee and Soft Drinks Available