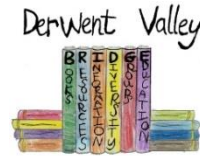




Ayton & Snainton Medical Practice  
Patient Participation Group

AND



Derwent Valley  
Community Library  
and Resource Centre

# Health and Wellbeing for Families

## A Community Information Event

### East Ayton School Hall

### Wednesday 23<sup>rd</sup> October

### 2.45pm – 5.00 pm

Chat with organisations that can help  
the family stay safe and be  
healthier.

Uniformed  
Organisations

Health  
Information

Support for  
Carers

Explore  
Locally

Making Healthy  
Choices

Cycling and Road Safety.  
Get your bike security stamped

Family Fitness  
Opportunities



Plan your visit to take in the  
“**Healthy Meals and Snacks**”  
Demonstration at **3:00pm**